

Take pride in your sexual health and prevent HIV.









Daily PrEP is highly effective for preventing HIV from sex or injection drug use. To find out if PrEP is right for you, talk with your healthcare provider.



Knowing your HIV status empowers you to make the best decisions for your sexual health. Everyone ages 13-64 should get tested at least once. Sexually active gay and bisexual men may benefit from more frequent testing—every three to six months.



Condoms are very effective in preventing HIV when they are used correctly every time you have sex.

They also protect against other STIs like syphilis and gonorrhea.



When living with HIV, getting and keeping an undetectable viral load through HIV treatment helps you stay healthy and prevents transmission to your HIV-negative sex partners.

KEEP TALKING ABOUT HOW TO PREVENT HIV YOUR WAY.

cdc.gov/StopHIVTogether/Prevention